

Learn-to-Sail Registration Form:

Adult Class Starting Date - 30 October 2009
Cost: \$150.00 inc.



Applicants Name:

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Medical Problems: (if none please state NONE)

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Contact Numbers:

Day:

Evening:

E-mail:

Address:

.....

I have read and understood the information in this pamphlet.

Signed.....

Please phone/email to discuss course and registration procedure:

James: 021 606 887 or
Blair: Evenings 03 445 0592
blerin@xtra.co.nz

The Lake Dunstan Boat Club would like to acknowledge the support of Contact Energy, Pub Charity, NZ Community Trust, the Caversham Foundation and the Central Lakes Trust for their outstanding community funding which has made this facility and Learn to Sail course possible.



ADULT Learn To Sail



Information and Registration Form

The Lake Dunstan Boat Club is running its third Adult Learn to Sail programme. This programme is suited for those with little, or no previous sailing experience. Rigging and basic boat handling skills will be taught. The Club has four new 420's (a two person sailing dinghy), that will be provided for use in this course.

All sailing is based at the Lake Dunstan Boat Club, McNulty Inlet, Lake Dunstan, Cromwell.

Class timetable (subject to weather):

- Friday, 30 October 7:30 PM - 9:30 PM
- Saturday, 31 October 9:00 AM - 4:00 PM
and the four following
- Wednesday nights. 5:30 PM - 8:30 PM
(4, 11, 18 & 25 November)

Friday 30 October will be held in the clubrooms. All other days will be on the water, weather permitting. Days cancelled due to weather conditions will be made up at times to suit the majority of the students.

The course will be run by guidelines set out by Yachting New Zealand and taught by YNZ qualified sailing instructors.

A Certificate will be presented to all sailors who complete the course.

While safety is paramount at Lake Dunstan Boat Club, all participants attend at their own risk. Everyone must follow directions of the instructors. A patrol boat will be on the water at all times when sailing is in progress.

Adults are required to bring:

- Wetsuit (highly recommended) and/or a thin water/wind proof nylon Windbreaker jacket (essential) with thermal underlayers
- Clothing that dries quickly and provides sun protection. (Cotton T-shirts or shorts are not recommended)
- Footwear for wearing in the water (boat shoes, old sneakers, aqua socks but not jandals)
- Polypropylene Thermals
- Sun block, a Sun hat and sun glasses with straps
- Pen
- Lunch, snacks and Drink bottle
- Change of clothes, towel
- Buoyancy Aid

All applicants must be able to swim 50 metres in a buoyancy aid.

Please fill out the registration form on the reverse side and phone either James or Blair to discuss the course. Once they have talked to you about the course they will instruct you where to take the registration form and payment.

Enrolment will be on a first come first serve basis, as places are strictly limited to eight sailors. We may run further courses depending on demand.

Membership to Lake Dunstan Boat Club for the duration of season is included. If a participant is unable to attend, a refund will be given only if notice of cancellation is given at least 7 days prior to the commencement of the course.

Proud to be Supported by Contact Energy

